

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
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Parish Administrator:
Fr Joseph Welch

11th Week of the Year
Sundays: Yr B
Weekdays: Yr 1
*June is dedicated to
the Sacred Heart of Jesus*

Sunday 13th June 2021

Dom. III post Pentecosten

8am (EF) — Anne Abbott’s int.

11th Sunday of the Year

09:30 — Mary McMorro & the Fowley family

11:00 — Pro populo (*People of the Parish*)

Monday 14th June

Feria

10am — Gregory Cody RIP & Michael Cody RIP

Tuesday 15th June

Feria

8am (EF) — Giorgina Codgniotto RIP

Wednesday 16th June

S. Richard of Chichester

6pm — for the election of a bishop

Thursday 17th June

S. Botolph

12:15pm — Holy Souls

Friday 18th June

Feria

10am — Holy Souls

Saturday 19th June

Our Lady on Saturday

10am — Holy Souls

Vigil of 12th Sunday of the Year

6pm — Holy Souls

CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

EF Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 11th July.)

Extraordinary Form (EF) Masses are said in Latin according to the traditional Missal used before Vatican II, and are sometimes called Tridentine Masses.

DURING THE PANDEMIC — HANDS * FACE * SPACE

Please sanitise your hands as you enter and leave the church, wear a face mask at all times, and maintain a social distance of 1m from members of other households. Please allow yourself to be guided by the instructions of the stewards and the priest, entering and leaving by the designated routes, and scan your COVID-19 App or complete the Track-and-trace slip. Whenever you visit the church for a weekday Mass or for private prayer please try to avoid touching anything. If you do touch pews, for example, please simply spray whatever you have touched with the sanitizing sprays dotted around the church.

At Mass, those wishing to receive Holy Communion in the Hand should come to the altar rails first. After they have received Holy Communion, those wishing to receive on the tongue will be invited forward by the priest. Thank you.

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‘Lengthen thy cords,’ (*Is 54:2*)

If you would like to be involved in a parish-based telephone network enabling people who are partially or wholly house-bound to keep in touch with, and chat to, fellow parishioners, please let Fr Joseph know, and we will try to set something up.



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National Day of Prayer & Fasting for Life

Wednesday, 23rd June 2021

An initiative of the Good Counsel Network, the National Day is geared towards the end of abortion and euthanasia. Please see the poster in the porch.

Also, SPUC...

is holding a Mass lobby of MPs on **Friday 16th July** and **Saturday 17th July 2021**. We are asking pro-life supporters up and down the country to organise a meeting with their MP, at the MP’s constituency office, on one of these dates. The DIY abortion policy is still in place, and there is a renewed threat of assisted suicide being legalised. Please ask your MP to lobby the Health Secretary to **end DIY abortion**. Please ask your MP to **vote against assisted suicide**. SPUC has produced dedicated briefings to help you lobby your MP. Please go to www.spuc.org.uk/MassLobby2021

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Parish Rotas

To help get our parish back up and running once more, please sign the lists at the back of church if can help with rotas for: readers, flower arrangers, washing large altar cloths, washing small altar linens, stewards, especially for Sunday Masses, brass polishing, counting the weekly collection, and making coffee after Sunday Masses.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

For Catholic Men

A retreat day at Walsingham, led by Fr Henry Whisenant, entitled 'A Life of Prayer & Virtue,' and inspired by the faith, fortitude, and humility of St Joseph, will take place on **Saturday 3rd July 2021**. Please see the diocesan website for more details: <https://www.rdea.org.uk/fr-henry-to-lead-walsingham-retreat-for-catholic-men/>

Work continues...

on converting the old laundry into a new office for the parish. The toilet works! As does the hand basin. A tea & coffee making corner is being designed and installed, and shelves and desks have been ordered for two new work-stations which will take their places either side of the current parish photocopier which will be moved into place soon. Housing is also being provided for parish records and for our extensive archives with shelves being fitted into an existing walk-in cupboard.

Catholic East Anglia

The latest edition of the diocesan newspaper, *Catholic East Anglia*, is now available at the back of the church free of charge.

Parish Magazine

The next edition of our own parish magazine will be published soon. We are looking for articles on all topics of Catholic life, especially relating to our parish and our diocese, as well as essays, poems, jokes, reflections, book reviews, and so forth, all accompanied, where possible, by pictures and illustrations please. Copy should be e-mailed to the editor at: sdonag9@gmail.com, or left at the presbytery, no later than the *end of today, Sunday, 13th June*. Thank you.

Masses

May be booked, for the living or the dead, using the Mass Offering envelopes at the back of church. Suggested offering: £10.

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Sick List

Prayers are asked for Lee Porter, Judy Fell, Jim Convey and Simon Marriage.

Of your charity

Please pray for the repose of the souls of those who have died recently, as well for all whose anniversaries occur at this time: Roman Sawuta, Hannah Horne, Ellen Lammond, Raymond Vent, Marjory Pickering, Josephine Ahmed, John Clarke, George Scicluna, Victor Fennell, George Gallaway, Bridget Maile, Joseph Patten, Margaret Skinner, Margaret Burns, James Flanagan, Elizabeth Ingram, Teobaldo Merico, John Sweeney, Henry Brock, Nicholas Aylward, George Selby, Mary Brookes, Margaret Denton, Ann Thomas, Margaret Bradley, Amy Moul, Jeremiah Whelan, Elena Roome, Fioravanti Masullo, Angela Mariani, Lorna Newton, and Peter Scully. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The Mass-Pt I Today we begin a series on the Mass, the source and summit, and the single most important component, of Catholic life. Without the Mass, the Catholic Church and the Catholic Faith have no meaning, and are nothing. So the first question is, What is the Mass?

It may be helpful to begin by saying a couple of things about what the Mass is not. The Mass is not a meal. Certainly, there are meal aspects to the celebration of Mass, although this whole aspect of the Mass would be better described as a banquet. A banquet involves tremendous preparation, ceremony, ritual, and the finest foodstuffs, glassware, table linen, and crockery imaginable. Moreover, the guests at a banquet are on their best behaviour and come dressed in their finest clothes. (Which is why we should dress up when we come to Mass, and not dress down.) A banquet is a far cry from a meal. No, the Mass is not a meal.

The Mass is not a gathering of the people of God. It is possible for the priest to be the only person present at Mass, as we have seen during the pandemic. It is true that there is, properly speaking, no such thing as a 'private' Mass: all Masses are open to the presence of others, and are offered for others. And, in any case, God Himself, and His angels and saints, are always present at every Mass, however hidden their presence may be. However, most Masses do, of course, involve the presence of people besides the celebrant, and the community and fellowship aspects of the Mass are important. After all, it is from the Mass that the Communion of Saints grows, and it is in the Mass that the Communion of Saints is bonded together in the charity of God. But the Mass cannot be described as a gathering of the people of God.

The Mass is not even chiefly about providing us with the Bread of Heaven, even though this is one of the supernatural fruits of every Mass. For example, if the priest suddenly realizes that he does not have enough Hosts in the tabernacle to take Holy Communion to the sick of his parish, he cannot say a quick Mass just to consecrate a few more Hosts! In addition, we have seen during the pandemic that we can attend Mass without going to Holy Communion. Indeed, even when there are no restrictions it is worthwhile, at least occasionally, to refrain from receiving Holy Communion, and to make a spiritual Communion instead. This helps us to avoid becoming too narrowly focused on just one aspect of the Mass, to prevent us from receiving the Host automatically and unthinkingly, and to whet the appetites of our souls for the presence of Our Lord. No, the Mass, funnily enough, is not even chiefly about providing us with the Bread of Heaven,

And for all of these reasons, and more besides, the Mass is not chiefly a memorial of the Last Supper, even though it was at the Last Supper that the Mass was instituted, and even though the remembrance of the Last Supper forms part of each and every Mass. The Last Supper drew its supernatural and sacramental efficacy (its spiritual power, if you like) from the sacrifice of Christ on Calvary the following day. Similarly, every single prayer and action of the Church and of Her members, including and supremely the Mass, draws its goodness from Our Lord's death on the Cross, and looks towards the Cross for its meaning and fulfilment.

So if the Mass is not chiefly any of these things, even though it incorporates aspects of all these things, what is it?

The Holy Sacrifice of the Mass is, first and foremost, exactly that, a sacrifice. The Mass is the continuation in time of a once-for-all event that took place on Calvary on the very first Good Friday two thousand years ago. The Mass is the sacramental means by which Christ's sacrifice is made present to us, and we to it, so that, in all ages, Christ's disciples may be drawn into a participation of that sacrifice and of its merits, for the sake of our redemption and our salvation.

And this is what we shall unpack over the next few weeks.