

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
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Parish Administrator:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 2

March is dedicated to  
St Joseph

## Sunday 13<sup>th</sup> March 2022

*Dom. II Quadragesima*  
8am (TLM) — Pro Populo  
*2<sup>nd</sup> Sunday of Lent*  
09:30 — Kathleen Donaghy RIP  
11:00 — Pauline Collingwood RIP

## Monday 14<sup>th</sup> March

*Lent feria*  
10am — Fr Leeder RIP  
5:30pm — reception of the body  
*Requiem*  
6pm — Fr Leeder RIP

## Tuesday 15<sup>th</sup> March

*Requiem*  
8am (TLM) — Fr Leeder RIP  
*Funeral requiem*  
11:30 — Fr Leeder RIP

## Wednesday 16<sup>th</sup> March

*Lent feria*  
6pm — Joyce Griggs RIP

## Thursday 17<sup>th</sup> March

*S. Patrick*  
12:15pm — Philomena 'Pat' Maile RIP

## Friday 18<sup>th</sup> March

*Lent feria*  
10am — Mary Morgan

## Saturday 19<sup>th</sup> March

*S. Joseph*  
10am — Teresa Hughes RIP  
*Vigil of the 3<sup>rd</sup> Sunday of Lent*  
6pm — Fr Leeder RIP

### CONFESSIONS:

Mon — Fri: 20 minutes before each Mass  
Sat: 9:30 — 10:00 & 5pm — 5:30pm

**ADORATION:** Sat: 12 noon — 5:30pm

**ROSARY:** Mon — Thur: after Mass

**STATIONS:** Sun: 4:30pm (in Lent)  
Fri: after Mass (in Lent)

### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month  
at 8am. (Next 2<sup>nd</sup> Sunday Mass: 10<sup>th</sup> Apr)

## FR SAM LEEDER RIP

1939-2022

### MONDAY 14<sup>TH</sup> MARCH

**5:30pm**  
Reception  
of the body  
into the church

**6pm**  
Requiem Mass  
with hymns  
celebrated by  
Bishop Alan Hopes

\*  
All welcome



### TUESDAY 15<sup>TH</sup> MARCH

**11:30am**  
Funeral  
Requiem Mass  
in the presence of  
Bishop Alan Hopes  
*(followed by a private  
burial service at the  
Lawn Cemetery, Ips-  
wich, alongside his  
brother John)*  
*Followed by refresh-  
ments in the parish  
hall, all welcome*

*'Tu es sacerdos in æternum, secundum ordinem Melchisedech'*

\* \* \* \* \*

## FEAST OF ST JOSEPH — SATURDAY, 19<sup>TH</sup> MARCH

Mass at 10am followed by our Lenten Meditation, *Ecce Lignum Crucis*,  
on the theme of the Wood of the Cross. This week, 'The Brazen Serpent.'

## LENT AT ST PANCRAS

Don't forget our cake sale on Mothering Sunday, that is, Lætare Sunday, the fourth Sunday of Lent (27<sup>th</sup> March), when we shall raise funds for our Lent project, Mary's Meals. So roll up your sleeves and get baking! Meanwhile, our first Thursday Lent Lunch very successfully raised just over £100 for Mary's Meals. Well done and thank you to our first team!

*Please take a leaflet from the back of church giving full details of our  
Lent & Holy Week services*

### SUNDAYS IN LENT

Stations of the Cross & Benediction  
4:30pm

### THURSDAYS IN LENT

Thursday Lent Lunches — 1pm  
to raise money for our Lent fundrais-  
ing project, *Mary's Meals*.

### FRIDAYS IN LENT

Stations of the Cross after  
the 10am Mass

### SATURDAYS IN LENT

Coffee in the parish hall after the  
10am Mass *followed by*

a Lenten meditation,  
'*Ecce Lignum Crucis*,'  
The Wood of the Cross  
*followed by*

Adoration of the Blessed Sacrament  
from about 12 noon till 5:30pm  
Please sign the watching list at the  
back of church

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

## MARY'S MEALS

*'Mary's Meals provides life-changing meals to some of the world's poorest children every day they attend school.'*

The first of our Thursday Lent Lunches raised just over £100. Well done everyone, and especially our first team off the block! We also plan to have a special second collection at Mass one Sunday, a standing collection box (as we did for the Crib Collection), funds from the Thursday lunches, and a cake sale on Mothering Sunday (27<sup>th</sup> March). So get your aprons on! See details in our Lent leaflet.

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**Abortion Resistance** is a new charity aimed at empowering individuals, inspiring action, and encouraging change in a society that applies heavy pressure to women to abort innocent life. Please sponsor a 30 mile hike to raise funds. Go to: GoFundMe/Walking for Life, or contact Esther Patten at [astaldo97@gmail.com](mailto:astaldo97@gmail.com)

A **'Domus'** is a house of prayer. A Catholic household may be consecrated to the Sacred Heart of Jesus and become a Domus. The members of the household then come together every day to pray so that their homes become fruitful houses of prayer in the midst of a world that is so often spiritually sterile. If you would like to make your household a more prayerful place please continue to watch this space.

*Domus mea domus orationis vocabitur,  
'My house shall be called a house of prayer'  
(Is 56:7; Mt 21:13).*

**Lenten Station Masses** The Ipswich deanery Station Mass is on **TUESDAY 29<sup>th</sup> MARCH** at St Mary's, Woodbridge Road.

5pm—Adoration of the Bd Sacrament & Confession  
6pm—Mass with Bishop Alan  
7pm—light refreshments

*(See the poster in the porch for other Station Masses.)*

**Accommodation wanted:** a one bedroom flat for rent, preferably near the Ranelagh Rd area of Ipswich, from end of February/beginning of March. Please contact Wojtek: [wojtekwasagpt@outlook.com](mailto:wojtekwasagpt@outlook.com)

**Sick List** Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, and Leighton Scott.

### Of your charity

Please pray for the repose of the soul of Philomena 'Pat' Maile and Fr Sam Leeder both of whom died recently, as well for all whose anniversaries occur at this time: Hilda Poulain, Edward Smith, Gladys Lewis, Josef Zlotek, Muriel Skladnik, Lawrence Brownrig, Michael Finn, Margaret Hawkes, Pauline Collingwood, Horace Inman, Helen Brunias, Sarah Barnes, Dmytro Kowal, Lena Minter, Patrick Boland, James Keegan, Yvonne Field, Witolo Lodzinski, Christopher Newman, Thomas Brosnan, Patricia Harrison, Mabel Parker, Penelope Butters, Ruby Tuffs, Brian Miller, Thomas Hanley, Anton Malo, and Teresa Hughes. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

## Fr Joseph writes:

**CONFESSION pt II:** Last week we began to explore what the Sacrament of Confession is. This week we can ask, Why do we have to go to Confession at all? Why can we not just say sorry to God in our own private prayers?

First, we should indeed say sorry to God in the privacy of our daily prayers. The Church recommends that our night prayers should always include a brief examination of conscience, in which we examine ways we have betrayed God's grace that day, as well as a prayer of thanksgiving for all of the blessings we have received.

Yet, just as every one of our acts of virtue helps to buoy up the barque of Peter on the stormy waters of life, so whenever we sin we threaten the sea-worthiness, as it were, of the vessel. In other words, all sins offend God *and* they impact upon our neighbours in the Church because of the supernatural bond bestowed on all the Faithful in the Sacrament of Baptism. As a result, we have to say sorry not only to God but to the whole Church also.

In the early Church, sins were confessed before the whole assembly of the Faithful, especially on the Eve of Easter when neophytes were baptised and received into the Church. As time went on, the Church Herself began to realise that a more private forum was needed, and the practice of private and individual Sacramental Confession grew out of this understanding and from the practice of spiritual direction. The priest, then, represents the body of the Church, not least because the Church is Christ's Mystical Body and the priest, by virtue of his ordination, is present sacramentally as an *alter Christus*, another Christ.

Our Lord also made it clear that whilst we should be reconciled to our neighbour through personal endeavour (Mt 5:23-24), it was also His will that His priests should have the *sacramental* power to forgive sins: Our Lord Himself breathed the Holy Spirit upon His Apostles in order to confer this power (Jn 20:22-23). Their ministry of forgiveness is qualitatively different from that of our forgiveness of each other.

We name our sins, in part, because there is a psychological healing in the naming of those things of which we are guilty, embarrassed, or ashamed. But more importantly, we name our sins in order to acknowledge fully (to God and the Church) what it is that we have done wrong, and to ensure that we cannot hide behind our pride or shame. In naming (confessing) our sins, we proclaim (confess) to ourselves and to others our utter dependence on God's goodness and mercy.

We also name our sins so that the priest can offer guidance and advice for the spiritual life, and so that he can judge the nature and gravity of the sins in order to be able to give an appropriate penance. This idea of judging is important because, through his training and through the 'grace of state' that comes from ordination, the priest is sometimes in a better position than we are to judge which sins are grave and which are less grave. We can sometimes become obsessed with sins that are, in fact, less grave whilst, at the same time, we can occasionally lose sight of the gravity of more serious offences against God's majesty. Sacramental Confession can help us keep things in a proper proportion and can help us to grow in the virtue of wisdom, that is, we can begin to see things as God sees them.

### Confession times at St Pancras

Mon — Fri: 20 minutes before every Mass.  
Sat: 9:30am — 10am & 5pm — 5:30pm.

*'For this is the will of God,  
your sanctification.'*

*1 Thess 4:3*