

Services, devotions, and events at St Pancras – Lent 2024

There are many services, devotions, and events at St Pancras throughout this season, from Septuagesima, 28th January, three Sundays before Ash Wednesday, right up to Easter Sunday.

THE FEAST OF CANDLEMAS

Friday, 2nd February

Candlemas marks the end of Christmastide when, forty days after His birth, Our Lord is presented in the Temple by Mary, who offers a gift for her purification, and Joseph. Meanwhile, Simeon sings the Nunc Dimittis.

Masses at 8am (TLM), 12:15pm
& 7pm (with blessing of candles and procession)

DOMUS HOLY HOUR & BENEDICTION

Thursday, 8th February – 6pm

For all the *Domus* of the parish, and all who would like to attend.

SHROVE TUESDAY

Tuesday, 13th February

Parish Pancake Party – 6pm

ASH WEDNESDAY

Wednesday, 14th February

DAY OF FASTING & ABSTINENCE

Masses with the imposition of ashes at
8am (TLM), 12:15pm (followed by the rosary), and 7pm (sung)
Confessions before each Mass.

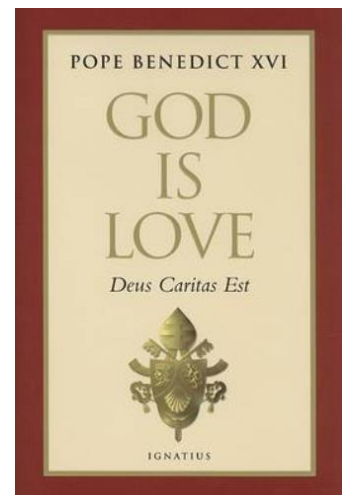
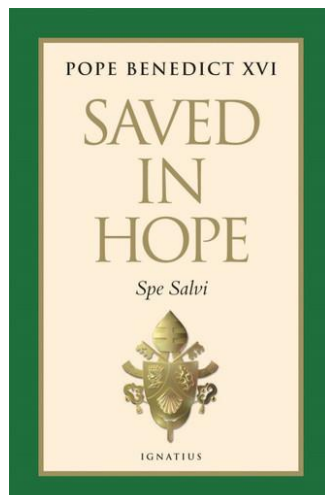
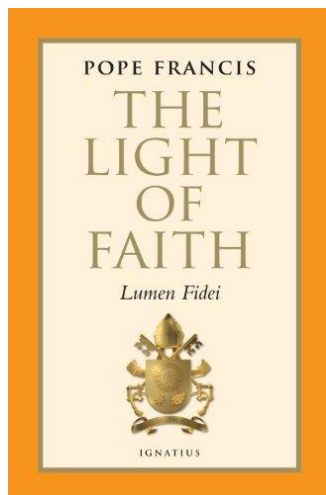
All must **FAST** who have reached the age of 18, until their 60th birthday. (Others, especially children, are encouraged to fast.) To fast means eating less than you would normally, and in any case no more than one meal and two small snacks. The sick, the frail, expectant and nursing mothers, are exempt from fasting. **ABSTINENCE** means avoiding eating meat and fowl, and foodstuffs made from them, as a reminder of the Word-Made-Flesh who died for us. The laws of abstinence apply to all who have reached their 14th birthday.

**‘AND NOW THERE REMAIN
FAITH, HOPE, AND CHARITY, THESE THREE’**
1 Cor 13:13

**A SERIES OF THREE WEDNESDAY EVENING TALKS
ON FAITH, HOPE, & CHARITY**

following the 6pm Mass & rosary, with tea & coffee available.

based on the Papal Encyclicals, **Spe Salvi** (Saved in Hope)
and **Deus Caritas Est** (God is Love) by Pope Benedict XVI,
and **Lumen Fidei** (The Light of Faith) by Pope Francis.



Read them beforehand if you can!

Available from the Catholic Truth Society (CTS) or online at vatican.va

WEDNESDAY 28TH FEBRUARY AT 7PM

The Light of Faith (Lumen Fidei)

WEDNESDAY 6TH MARCH AT 7PM

Saved in Hope (Spe Salvi)

WEDNESDAY 13TH MARCH AT 7PM

God is Love (Deus Caritas Est)

CONFESSIONS THROUGHOUT LENT

Mon – Fri: 30 minutes before each weekday Mass

Sat: 9:30–10am & 10:30–11am & 5pm–5:30pm

See separate list (below) for Confessions in Holy Week

* * * * *

SUNDAYS IN LENT

Stations of the Cross and Benediction – 4:30pm

WEDNESDAYS IN LENT

Three Lenten meditations on Faith, Hope, & Charity
(see above for details)

THURSDAYS IN LENT

Lent Lunches in the parish hall – 1pm
beginning 22nd February

Raising funds for Mary's Meals

FRIDAYS IN LENT

Stations of the Cross
after the 10am Mass (instead of the rosary)

SATURDAYS IN LENT

Adoration of the Blessed Sacrament
from the end of the 10am Mass till 5:30pm

Confessions:

9:30–10am & 10:30–11am (*approx.*) & 5pm–5:30pm

* * * * *

LENT PROJECT

*Raising funds to feed some of the
world's poorest children*

marysmeals.org.uk

- + Parish collection box
- + Special second collection
- + Thursday Lent Lunches
- + Cake Sale on Mothering Sunday
(10th March)

STATIONS OF THE CROSS

*Praying the Stations in our church
every day of Lent*

Our plan is to make sure the
Stations of the Cross are said in
our church every day of Lent.

So, please sign the rota at the back
of church to indicate which day(s)
you can cover. Thank you.

LENTEN STATION MASS

with Bishop Peter Collins

Thursday, 29th February at St Mary's, Woodbridge Road

Adoration & Confessions – 6pm : Mass – 7pm : Light refreshments – 8pm

CATHOLIC MOTHERS' GROUP

All mothers welcome (toddlers too!)

For the 5 Cs: coffee, cake, conversation, catechism, and chaos

Each Monday in school term time – 11am

BLESSED CARLO ACUTIS GROUP

(14-17 year olds)

Thursday 1st February & Thursday 7th March – 7pm

CATHOLIC YOUNG ADULTS

(18-35 year olds)

Friday 9th February & Friday 8th March – 7pm

BOOK CLUB

Monday, 11th March – 7pm

The Mass in Slow Motion by Mgr Ronald Knox