

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

May is dedicated
to the Blessed Virgin Mary

Sunday 5th May 2024

Sixth Sunday of Easter
09:30 — Pro Populo
11:00 — Elisio Fernandes

Monday 6th May

Easter feria
10am — Florence Iwuh RIP

Tuesday 7th May

St Stanislaus
8am (TLM) — *ad cautelam*

Wednesday 8th May

Vigil of the Ascension
6pm — Kathleen Merlehan RIP

Thursday 9th May

The Ascension of Our Lord
8am (TLM) — Kenneth Welch RIP
12:15pm — Paul Reeves RIP
7pm — Pro Populo

**HOLY DAY OF
OBLIGATION**

Friday 10th May

St John de Ávila
10am — Florence Njoku's int.

Saturday 11th May

Our Lady on Saturday
10am — Holy Souls
*Vigil of the Seventh Sunday of Easter
& Sunday after the Ascension*
6pm — Lawrence Iwuh RIP

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& Sat: 5pm — 5:45pm
1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 12th May)

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MAY PROCESSION

This afternoon, Sunday 5th May, at 3pm

*'Bring flowers of the rarest,
bring blossoms the fairest.'*

Bring petals to strew before Our Blessed Lady

~ ~ ~

**DIOCESAN PILGRIMAGE TO
WALSINGHAM**

Tomorrow, Monday 6th May

Start of the Procession in the
Friday Market Place at 12 noon.

Mass at the Chapel of Reconciliation at 3pm.

See poster in the porch for more details.

PATRONAL FEAST OF ST PANCRAS

Monday 13th May

Bishop Peter will confer
the Sacrament of Confir-
mation at the 7pm Mass

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**FEAST OF OUR LADY
OF IPSWICH**

Wednesday 15th May

Bishop Peter will bless our
new statue at the
7pm Mass

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SOLEMNITY OF THE ASCENSION

Thursday, 9th May

HOLY DAY OF OBLIGATION

Please make sure you get to Mass either at St Pan-
cras or at one of the other Catholic churches in Ips-
wich or, indeed, near wherever you live or work.

Masses times at St Pancras:

8am (TLM), 12:15pm, and 7pm.

with Confessions before each Mass &
the rosary after the 12:15pm Mass.

The Guild of St Pancras was launched last weekend. The aim of the Guild is to give glory to God by sanctifying the work freely undertaken by all those who volunteer their services to the life of the parish. Please take a prayer card from the back of the church.

Our Rosary Crusade will be drawing to a close soon. Since the feast of the Immaculate Conception of the Blessed Virgin Mary we have been saying our rosaries for the 'Conversion of Souls in Ipswich & Beyond.' We shall lay these prayers, as a spiritual bouquet, at the feet of Our Lady on the feast of Our Lady of Ipswich on 15th May when Bishop Peter will bless our new statue. Please join us as we redouble our efforts to pray for the salvation of souls in our town and beyond. So far we have, together, offered **2,520** rosaries.

Regina cæli, lætare, alleluia,
Quia quem meruisti portare,
alleluia,
Resurrexit sicut dixit, alleluia,
Ora pro nobis Deum, alleluia.

O Queen of heaven, rejoice, alleluia,
For He whom you have borne for us,
alleluia,
Has arisen, as He said, alleluia,
Pray for us to God, alleluia.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

MARY'S MEALS

Our Lent Project (including Lent lunches, a second collection, and a cake sale) raised **£3,478:53**. Well done and thank you to everyone who contributed to such a marvellous and generous total.

Adult Confirmation class Wednesday, 8th May at 7pm. Please note the change of day and time. This will be the last class before the Mass on Monday, 13th May at 7pm.

Thursday lunches This week on 9th May, at 1pm.

Catholic Young Adults (18-35 year olds) will meet next on Friday, 10th May at 7pm.

Catholic Mothers Group will meet next on Monday 13th May at **10am**. (Please note the time, for this month only, because of the Mass at 12:15pm for the feast of St Pancras.)

Thursday, 30th May Traditional Feast of Corpus Christi

Sunday, 2nd June Feast of Corpus Christi with the Corpus Christi Procession at 3pm.

Sunday, 9th June at 9:30am First Holy Communion Mass (The 11am Mass will start at 11:30am today)

Monday, 10th June The Book Club will meet at 7pm to discuss *St Mark's Gospel: A Commentary for Believers* by Thomas Crean OP.

The Pancratius The May issue of our monthly newsletter for younger readers is available at the back of church.

Sunday Sermons are now available on the home page of the parish website by scrolling down to Thought for the Week.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Halina Gajewska, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, Ann Studd, and Bernie Wood.

Mary Chennell RIP Funeral: Friday, 10th May at 10am at St Mary Magdalen's.

Of your charity Please pray for the repose of the soul of Mary Chennell who died recently, and for all those whose anniversaries occur at this time: Helen Stoneman, Norma Smith, Florence Ashmole, William Dighton, Ismal Esteller, Stephen Samora, Michael Shapland, Frances Cooke, Martin King, Irene McDonald, Very Rev Provost Augustine Peacock, Mgr Squirrell, Florence garate, Mary Thompson, Trevor Belcher, Frank Hughes, Winifred McCullar, Edward Hawkins, Wolodymyr Dziubanowskyj, Ian Hacon, Percy Wilson, Michael Hanrahan, Lilla Neill, Margaret Fennessy, Stepan Pzypchan, John King, Elizabeth Dillon, Graham Rodwell, Larry Kilbane, Cecile Kett, Rose Jacyna, Margaret Doherty, Marie Bondavenko, and Joseph Carr. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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The parish **SAFEGUARDING REPRESENTATIVE** is Mim McMahon who may be contacted by anyone of any age, at any time, with any safeguarding concerns: 01394 274395 or 07813199275 or mim@trianglemusic.info or mim.macmahon@gmail.com

For the diocesan **SAFEGUARDING CO-ORDINATOR**, contact 07429 215344 or safeguarding.coordinator@east-angliadiocese.org.uk

Fr Joseph writes: Today we begin to look at Confirmation.

THE SACRAMENTS PT 15 CONFIRMATION – SACRAMENT OF SPIRITUAL MATURITY

We sometimes hear that the Sacrament of Confirmation is about those who have been given wonderful gifts in Baptism now making a public commitment of themselves to God in return, confirming in their own self-giving the promises made by their parents and godparents at the moment of their Baptism, and dedicating themselves as disciples of Our Lord in the work of spreading the Gospel. Whilst this is partially true, the Sacrament of Confirmation, like the others, is far more about what God gives to us rather than about what we give to God.

Chiefly, the Sacrament of Confirmation is God's freely bestowed gift to us, confirming within us sacramentally what He has already given to us in Baptism and setting a seal upon those gifts. 'Show thy strength, O God, thou who has wrought for us,' or, as the Douai-Rheims translation puts it, 'Confirm, O God, what thou hast wrought in us' (Ps 68[67]:29).

In Baptism, we are initiated into the life of God's grace, becoming grafted onto the Vine (Jn 15:5) so that the sap of grace, the life-blood of the Church, can flow freely through each of us as members of Christ's Mystical Body, and so come to bear much fruit in a life of Christian virtue (v.8).

The Sacrament of Confirmation bestows on us the Gifts of the Holy Spirit, and seals our souls with a spiritual maturity which enables us to become effective witnesses of the Gospel and soldiers for Christ in the battle of goodness, truth, and beauty against the works and empty promises of Satan who, as we know, is the 'father of lies' (Jn 8:44).

This spiritual maturity is not related to physical, emotional, intellectual, or psychological maturity. In the Eastern Rites of the Catholic Church, the Sacrament of Confirmation is given at the same ceremony as infant Baptism. Instead, this spiritual maturity, at whatever age it is given, is a God-given capacity to enable us to fulfill our role as disciples of Christ. It prepares us to make use of the Gifts of the Holy Spirit, especially bestowed in this Sacrament, for the express purpose of participating in Our Lord's work of evangelizing, that is, of preaching the Gospel. Of course, we will still need to grow in other aspects of maturity before we can begin this work if we were baptized as infants.

In addition, the Sacrament marks us with an indelible character (like Baptism and Holy Orders) which re-shapes or re-configures our souls to receive these Gifts, and bring to maturity our capacity to receive the fulness of God's love. This is why it is important that someone be Confirmed even on his deathbed if he has not been Confirmed already.

Confirmation is not necessary as an essential means of salvation as it does not, unlike Baptism, directly reconcile us to God. However, it would be wrong – and possibly sinful – deliberately to refuse the grace available in the Sacrament if we are in a state to receive it.



ROSARY CRUSADE

Praying the rosary to Our Lady of Ipswich for the Conversion of Souls in Ipswich and Beyond

(Please return slips to Fr Joseph or place them in the Prayer Request box in front of the Lady altar. Thank you.)

Week Beginning...

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(Please enter date here)

Number of rosaries said for this intention
this week (and your initials):

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