

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

October is dedicated to
Our Lady of the Rosary



Sunday 28th September 2025

26th Sunday of the Year

09:30 — Pro Populo

11:00 — Olive & Charlese Prime RIP (F)

Monday 29 September

Ss Michael, Gabriel & Raphael

10am — Cecily Butters RIP (F)

Tuesday 30th September

St Jerome

8am (TLM) — Charlie Kirk RIP
& family

Wednesday 1st October

St Thérèse of the Child Jesus (of Lisieux)

6pm — Benedict Trindade RIP 2/2

Thursday 2nd October

The Guardian Angels

12:15pm — Souls in Purgatory 2/2

Friday 3rd October

Feria

10am — Isabella England

Saturday 4th October

St Francis of Assisi

10am — Norah Penn RIP

Vigil of the 27th Sunday of the Year

6pm — Holy Souls

Sunday 5th October

27th Sunday of the Year

09:30 — Pro Populo

11:00 — Cy Trimble RIP

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass.

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 12th Oct.)

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HOLY YEAR 2025

SPES NON CONFUNDIT

*‘And hope confounds not, because the charity of
God is poured forth in our hearts by the Holy Spirit
who is given to us.’ (Rom 5:5)*

Christ Crucified Radiates Hope to a Fallen World
The Crucifixion by Tintoretto (1565)



The feast of

SS MICHAEL, GABRIEL & RAPHAEL,
ARCHANGELS

Monday, 29th September



St Michael (‘one who is like God’) defeated Satan in the heavenly battle (Apoc 12). St Gabriel (‘the strength of God’), is Our Blessed Lady’s Guardian Angel and announced to her the birth of Our Lord (Lk 1). St Raphael (‘the healing of God’) accompanied Tobias on his journey and brought about healing (Book of Tobias).



OCTOBER DEVOTIONS

Each Sunday in October at 4:30pm there will be
October devotions (rosary, mini sermon, and
Benediction of the Blessed Sacrament)

FEAST OF THE HOLY GUARDIAN ANGELS

Thursday, 2nd October

*‘See that you despise not one of these little ones: for I say to you, that
their angels in heaven always see the face of my Father who is in heaven’*
Mt 18:10

ST CARLO ACUTIS GROUP

For 14—17 year olds will meet on Thursday this week, 2nd October,
at 7pm in the church. Newcomers welcome.

FIRST FRIDAY CONFESSIONS

Friday, 3rd October: 6pm—7pm

ANNIVERSARY OF THE DEDICATION OF OUR CHURCH

Next Sunday, 12th October.

The Sunday Masses will be those of the Anniversary of the Dedication
of a Church instead of the Mass of 28th Sunday of the Year.



Please consider making a **STANDING ORDER** instead of a weekly
cash contribution to the parish. Barclays Bank account name and no.
St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our
parish is part of the East Anglia Roman Catholic Diocesan Trust:
registered charity no. 278742.

HOLY YEAR 2025

Suggestion for Spiritual Reading

The Splendour of the Rosary

by Maisie Ward

From the Saints

‘The Rosary is the weapon for these times.’

St Pio of Pietrelcina (Padre Pio)

Top tips for making an ordinary home into a Catholic home!

Say the rosary throughout the month of October.

HOLY YEAR POSADA STATUE

The statue of the Holy Family was blessed on the feast of the Holy Family at the beginning of the Holy Year. It is now travelling around the parish, being hosted by a different Catholic household each week. If you would like to host the statue, and say the accompanying prayer each day that the statue is with you, please sign the list at the back of church.

CATHOLIC MOTHERS GROUP For mothers and toddlers will meet next on Monday 13th October at 11am for coffee, cake, chatter, catechism and chaos.

QUIZ NIGHT Friday, 24th October — 6pm

RETROUVAILLE helps couples find hope and healing for their marriage. Next date: 17th—19th October. Please visit www.retrouvaille.org.uk for more details or call 0788 7296983

Sick List Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Oliver Merlehan, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity

The funeral requiem Mass of Denys Bell will be at 1:30pm on Wednesday 8th October.

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Please pray for the repose of the soul of Denys Bell who died recently, and for all whose anniversaries occur at this time: Catherine Apostoledis, Catherine Riordan, Austin Gaffney, Gwendoline Bastarrica, Mary Hatfield, Eileen Woodward, Albert Rice, Rose Lintan, Phyllis Forshaw, Albert Carey, Paul Egon, James Doyle, Adrian Patterson, Cecil Parker, Laurence Keogh, Cecily Butters, William Cushnahan, Mary Ferguson, William Cronin, Francisco Assuncao, Edward Somers, Ivan Maksymowycz, Sally Scarlett, Arthur Jefferson, Fred Head, Grace Waylen, Sheila Carey, Hanora Young, Philippe Coiquaud, Evelyn Stoubly, Stephen Thrower, Veronica Mutimer, Beryl Marshall, Dorothy Tynan, and Ethel Hughes. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: We continue with our series of columns on The Church.

The Church pt IV — Pentecost

The Jewish feast of Pentecost, or Shavuot, the Feast of Weeks, was a harvest festival celebrated seven weeks and one day after the First Sabbath of the Feast of Unleavened Bread (Deut 16:9; Lev 23:16; the Greek word *Pentēkostē* means fiftieth). It also marked the commemoration of the giving of the Law of the Ten Commandments by God to Moses on Mount Sinai fifty days after the People of Israel kept the first ever Passover when they departed the land of slavery in Egypt and crossed the Red Sea.

It is no accident, then, that the Church was born on the Feast of Pentecost. It is the work of the Church to gather in the harvest of souls (Mt 9:37-38), and that work began immediately when, as soon as they had received the Holy Spirit, the Apostles spoke with divers tongues, and when a few moments later Peter stood up with the eleven, lifted up his voice, and spoke to the crowds (Acts 2:4,14).

The message they preached on that day was the Gospel of the New Commandment, given by Our Lord at the Last Supper, that they ‘love one another, as I have loved you’ (Jn 13:34). But this was no vague message of good feeling and fellowship. Rather, it was the message Christ, and of Him crucified (1 Cor 1:23; 2:2), an unflinching message of the need for repentance, of turning away from sin and towards God, and of the need for redemption and salvation (Acts 2:14-41). Just as Christ redeemed us from sin by His act of total self-giving on the Cross when He gave His life for the salvation of souls (Jn 10:17-18; Mt 20:28), so we are commanded by Our Lord to conform ourselves to His likeness – to ‘Do this for a commemoration of me’ (Lk 22:19) – and lay down our lives also in the service of God and our neighbour.

In other words, the Church was founded (i) to gather in the harvest of souls through the repentance of sins, by teaching all nations, and by baptizing them in the name of the Father, and of the Son, and of the Holy Spirit (Mt 28:19), and (ii) to sanctify and save those souls through the continuation in time of the once-for-all sacrifice of Christ on the Cross (that is, in the Holy Sacrifice of the Mass), and through the grace of God bestowed in the Sacraments.

Christ redeemed us on the Cross, but it is through the outpouring of God’s grace in the Mass and the Sacraments that the redemption He won for us is now poured out upon individual souls (we say ‘the merits He gained for us are applied to souls’). And this is the work of the Catholic Church born on that feast of Pentecost.

The final act of preparation for the birth of the Church was when Christ’s side was wounded by a lance as He hung upon the Cross and there flowed out water and blood (Jn 19:34). This water is the water of Baptism, with His Sacred Heart being the fountain or well of salvation (Is 12:3); whilst the blood is the Blood of the Lamb by which the robes of sinners are washed white (Apoc 7:14).

With the outpouring of the Holy Spirit and the birth of the Church at Pentecost, Christ’s work of redemption on the Cross begins to be taken by His Apostles and their successors to the four corners of the world that the world may be saved (Jn 3:17).