

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

‘To love God and the things of God’

The Presbytery  
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Ipswich  
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Parish Priest:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 1

October is dedicated to  
Our Lady of the Rosary



## Sunday 5<sup>th</sup> October 2025

27<sup>th</sup> Sunday of the Year

09:30 — Pro Populo

11:00 — Cy Trimble RIP

## Monday 6<sup>th</sup> October

St Bruno

10am — Deceased Clergy of the Parish

## Tuesday 7<sup>th</sup> September

Our Lady of the Rosary

8am (TLM) — Marianne Randall RIP (F)

## Wednesday 8<sup>th</sup> October

Funeral requiem

1pm — Denys Bell RIP

Feria

6pm — Mr & Mrs O'Connor RIP (F)

## Thursday 9<sup>th</sup> October

St John Henry Newman

12:15pm — Holy Souls

## Friday 10<sup>th</sup> October

St Paulinus of York

10am — Domus of the Parish

## Saturday 11<sup>th</sup> October

Votive Mass of Mary, Mother of God

10am — Barbara Cattermole RIP

*Anniversary of the Dedication  
of St Pancras*

6pm — Holy Souls

## Sunday 12<sup>th</sup> October

*Anniversary of the Dedication  
of St Pancras*

8am (TLM) — Holy Souls

09:30 — Holy Souls

11:00 — Pro Populo

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &**

**S. PANCRAS:** Sat after 10am Mass.

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at  
8am. (Next 2<sup>nd</sup> Sunday Mass: 12<sup>th</sup> Oct.)

## HOLY YEAR 2025

### SPES NON CONFUNDIT

*‘And hope confounds not, because the charity of  
God is poured forth in our hearts by the Holy Spirit  
who is given to us.’ (Rom 5:5)*

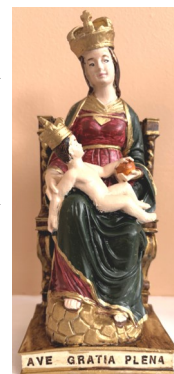
Christ Crucified Radiates Hope to a Fallen World  
*The Crucifixion by Tintoretto (1565)*



### PARISH PILGRIMAGE TO ROME & NETTUNO

A tired but happy band of pilgrims returned last weekend from the parish pilgrimage to Rome and Nettuno, having processed through the Holy Door, attended the papal audience and visited the original statue of Our Lady of Ipswich in Nettuno. There will be a full report and photos in the next edition of the parish magazine.

They brought back with them some hand painted statues of the original statue of Our Lady of Ipswich which are now for sale in our repository at the back of church.



### OCTOBER DEVOTIONS

Each Sunday in October at 4:30pm there will be  
October devotions (rosary, mini sermon, and  
Benediction of the Blessed Sacrament)

### ANNIVERSARY OF THE DEDICATION OF OUR CHURCH

Next Sunday, 12<sup>th</sup> October.

The Sunday Masses will be those of the Anniversary of the Dedication  
of a Church instead of the Mass of 28<sup>th</sup> Sunday of the Year.

### STANDING ORDERS

We have had some problems with our parish bank account recently and a number of services were suspended temporarily. If you have a standing order with the parish please can you double check that it is still up and running or renew it, please, if it its not? Thank you very much indeed.

### THURSDAY LUNCH

Our next Thursday lunch in support of Mary's Meals is scheduled for this week, 9<sup>th</sup> October. If you would like to help prepare the lunch please contact Fr Joseph. Thank you.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

## HOLY YEAR 2025

**Suggestion for Spiritual Reading**  
*Our Blessed Mother: Talks on Our Lady*  
by Edward Leen & John Kearney

### From the Saints

‘If you want peace in your heart and your home,  
pray the Rosary every day.’  
*St Teresa of Calcutta*

### Top tips for making an ordinary home into a Catholic home!

Keep the modern Hallowe’en practices at bay, and remember that the night before All Saints day on 1<sup>st</sup> November is really dedicated to the Saints of God!

### HOLY YEAR POSADA STATUE

The statue of the Holy Family was blessed on the feast of the Holy Family at the beginning of the Holy Year. It is now travelling around the parish, being hosted by a different Catholic household each week. If you would like to host the statue, and say the accompanying prayer each day that the statue is with you, please sign the list at the back of church.

**CATHOLIC MOTHERS GROUP** For mothers and toddlers will meet next on Monday 13<sup>th</sup> October at 11am for coffee, cake, chatter, catechism and chaos.

**QUIZ NIGHT** Friday, 24<sup>th</sup> October — 6pm. Bring & share supper but remember it’s Friday so no meat!

**RETROUVAILLE** helps couples find hope and healing for their marriage. Next date: 17<sup>th</sup>—19<sup>th</sup> October. Please visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) for more details or call 0788 7296983

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**Sick List** Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Oliver Merlehan, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

### Of your charity

The funeral requiem Mass of Denys Bell will be at 1pm on Wednesday 8<sup>th</sup> October.

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Please pray for the repose of the soul of Denys Bell who died recently, and for all whose anniversaries occur at this time: Dennis Smith, William Barnes, Edward Ayers, Henry Flory, Anthony Fell, Rudolf Belšak, Jill Arbon, Charles Owen, Thomas Regan, Patricia Caldwell, Josef Popyk, Eva O’Connor, Irene Wells, Elizabeth Clow, John Pizzey, Evelyn D’Cruz, Arthur Upson, Claudine Wilding, Josephine Wallace, Ethel Fox, Francis McLoughlin, Joyce Diggle, Kathleen Kerr, Patrick Lewis, Paula Long, Lucinda Kerri-son, Barbara Mucha, Kathleen Crooks, Danny Sweeney, and John Monaghan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** We continue with our series of columns on The Church.

### The Church pt V — The Birth of the Church

We have seen that the Catholic Church is God’s creation, and we have looked at some of the preparations for the beginnings of the Church. We have seen that the Church was born on the Feast of Pentecost (Acts 2) and have looked, briefly, at the chief tasks of the Church. But what happened on that Feast of Pentecost? What happened at the birth of the Catholic Church?

First, the Holy Spirit was poured out as Our Lord had promised He would be (Jn 14:16). Yet He was poured out not upon the whole company of Christ’s disciples but only upon Our Lady and the Apostles who were gathered in the Upper Room in Jerusalem for fear of the Jews as they waited for Our Lord’s promise to be fulfilled (Acts 1:4-8; 2:1). This same Holy Spirit was then passed on to others through the administration of the Sacraments which, in turn, were conferred by other disciples who had received the power of the Holy Spirit through the laying on of hands (for example, Acts 6:5-6; 8:14-17). In other words, Our Lord established a Church with an hierarchical structure from the outset.

In the beginning, God created the natural world, pouring out His Holy Spirit upon the face of the waters to bring into being the *order of nature* (Gen 1:1-2).

At Pentecost, the Apostles heard a great wind as the Holy Spirit descended upon them (Acts 2:2), and the work of God’s re-creation in the *order of grace* – the sanctifying work of the Church – was begun, exactly as the Psalm prophesied: ‘Thou shalt send forth thy spirit, and they shall be created: and thou shalt renew the face of the earth.’ (Ps 103:30).

The Holy Spirit, the breath of God, was breathed into Adam’s body to give him life (Gen 2:7). So, too, was it the breath of the Holy Spirit that made the Prophet Job: ‘The Spirit of God has made me, and the breath of the Almighty gave me life’ (Job 33:4). It was the Holy Spirit that gives breath to all the people created by God (Is 42:5) and that gives them life (Ezek 37:5-6). Now, at the birth of the Church, it is the Holy Spirit that gives supernatural life to Christ’s disciples.

Nor is the imagery chosen at random. God first spoke to Moses ‘in a flame of fire out of the midst of a bush’ (Ex 3:2), and the Old Covenant of the Ten Commandments was given to Moses amidst another blaze of fire (Ex 19:18). At Pentecost, ‘there appeared to [the Apostles] parted tongues as it were of fire’ (Acts 2:3). It was the Word of God who sent the Holy Spirit upon them, so that they, in turn, might preach the Word of God to the whole world. Hence the Holy Spirit appeared as ‘tongues’ ready to speak the Word. Moreover, Our Lord promised that He had come ‘to cast fire on the earth’ (Lk 12:49), the burning fire of the New Covenant of Divine Love. Now, at Pentecost, that fire has been sent down from heaven.

The Church is born from the cradle of God’s love, a fire that will refine and purify the souls of men, as the Prophets from of old had prophesied (Pss 65:10; 67:3; Is 48:10; Mal 3:2-3) and as the first Pope went on to confirm (1 Pt 1:7).