

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

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Parish Priest:  
Fr Joseph Welch

Sundays: Yr A  
Weekdays: Yr 2

April is dedicated  
to the Blessed Sacrament

## Sunday 26<sup>th</sup> April 2026

*4<sup>th</sup> Sunday of Easter*

09:30 — Pro Populo

11:00 — Ursula Willis

## Monday 27<sup>th</sup> April

*Easter feria*

10am — Deidre Willis

## Tuesday 28<sup>th</sup> April

*St Paul of the Cross*

8am (TLM) — Urdzik family

## Wednesday 29<sup>th</sup> April

*St Catherine of Siena*

6pm — Peter Lennon

## Thursday 30<sup>th</sup> April

*Easter feria*

12:15pm — Mark Abbott

## Friday 1<sup>st</sup> May

*St Joseph the Worker*

10am — Margaret & Daniel  
Robinson RIP

## Saturday 2<sup>nd</sup> May

*St Athanasius*

10am — Holy Souls

*Vigil of the 5<sup>th</sup> Sunday of Easter*

6pm — Holy Souls

## Sunday 3<sup>rd</sup> May

*5<sup>th</sup> Sunday of Easter*

09:30 — Souls in Purgatory 1/2

11:00 — Pro Populo

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &**

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at  
8am. (Next 2<sup>nd</sup> Sunday Mass: 10<sup>th</sup> May.)

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## GOOD SHEPHERD SUNDAY

Today we have a second collection  
at all Masses for the diocesan  
Priests' Training Fund .

*Picture:*

German School (20<sup>th</sup> Century)  
*Christ the Good Shepherd* (1917)



## DIOCESAN PILGRIMAGE TO WALSINGHAM



**Monday, 4<sup>th</sup> May** — *feast of the English Martyrs*

10.30 Arrival of Pilgrims at the Slipper Chapel

10.30 – 11.30 Confessions

11.30 Welcome and Reception of Banners

12.00 Pilgrim Mass

14.15 Procession

15.45 Prayers and Benediction in Abbey Grounds

16.30 Departure from village coach car park

## CHILDREN'S PILGRIMAGE TO WALSINGHAM

**Tuesday, 28<sup>th</sup> May**

10:45 Walk from the village to the Slipper Chapel

12:00 Mass at the Chapel of Reconciliation

### DIOCESAN RETREAT DAY FOR WOMEN

Saturday, 23<sup>rd</sup> May

10:30am—4:40pm in Dereham, Norfolk.

[rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/](http://rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/)

### OUR LADY OF IPSWICH WALKING PILGRIMAGE

Saturday, 30<sup>th</sup> May

Our second such walk, starting at different points around the town and  
converging on St Pancras for the Angelus at 12 noon  
and Mass at 12:15pm. More details to follow.

### MARRIAGE CELEBRATION MASS

Saturday, 13<sup>th</sup> June

11:30am at the Cathedral in Norwich

[rcdea.org.uk/marriage-mass-registration/](http://rcdea.org.uk/marriage-mass-registration/)



Please consider making a **STANDING ORDER** instead of a weekly  
cash contribution to the parish. Barclays Bank account name and no.  
St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our  
parish is part of the East Anglia Roman Catholic Diocesan Trust:  
registered charity no. 278742.

DIOCESAN JUBILEE 1976—2026

IPSWICH DEANERY EUCHARISTIC CONGRESS  
6<sup>th</sup>—13<sup>th</sup> September 2026

A week-long series of events including Adoration of the Blessed Sacrament, a Eucharistic procession through the town, keynote speakers, and Mass with the Bishop of East Anglia at 11am on Sunday 13<sup>th</sup> September at the Corn Exchange.

*Put the dates in your diary now!*

**Can you play the organ or a keyboard?** If you can help with the hymns at the 9:30 Mass on Sunday mornings, either occasionally or regularly, please speak to Fr Joseph. Thank you.

**THE BOOK CLUB** will meet next on Monday, 8<sup>th</sup> June to discuss *The World's First Love* by Fulton Sheen.

Friday, 1<sup>st</sup> May

**FEAST OF ST JOSEPH THE WORKER**

An evening of recollection for men.

*Adoration of the Blessed Sacrament  
Rosary + Confession + Benediction*

*followed by a talk in the parish hall  
by Fr Joseph*

Beginning at 6pm in church

*Forthcoming feasts:*

**ST PANCRAS**

Tuesday, 12<sup>th</sup> May

**THE ASCENSION OF OUR LORD JESUS CHRIST**

*Holy day of obligation*

Thursday, 14<sup>th</sup> May

**OUR LADY OF IPSWICH**

Friday, 15<sup>th</sup> May

**Sick List** Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Katherine Humphries, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

**Of your charity** Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Robert Halls, Ted Brown, Eustacchio Palumbo, Donn-Marie Frankis, Adam Boro-wiak, Comfort Glover, Gulio Zagni, Alice Lawler, Rosemary McTiernan, Barry Jackson, Stephen Wis-iorek, Ernest Fell, Mary Barker, Remique Kiesekoms, Mary Cudden, Mary Mongan, Bonny Mornard, Pasqua-le Iachetta, Annie McCallion, Thomas Dalzell, Jan Sniechowski, Carmela Palladino, and Daniel Robinson. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** Today, strophe three of the Sequence from the Mass of Corpus Christi, the Lauda Sion.

**SEE TODAY BEFORE US LAID**

See today before us laid  
The living and life-giving Bread!  
Theme for praise and joy profound!

The ‘theme for praise and joy profound’ throughout this hymn is, of course, the Blessed Sacrament, the Bread of Life. Bread is the staple diet of so many people around the world. Our Lord uses what is easily available so that His people may readily gain access to the Food of Life. ‘Neither is there any other nation so great, that has gods so nigh them, as our God is present to all our petitions’ (Deut 4:7). Truly, our God has come close to us in the Incarnation to the point where St John can write of that ‘which we have heard, which we have seen with our eyes, which we have looked upon, and our hands have handled’ (1 Jn 1:1). And to continue this divine presence amongst us throughout time, and down the ages, we have in the Blessed Sacrament the One who is Emmanu-el, the God who is with us (Is 7:14; Mt 1:23).

‘I am the bread of life: he that comes to me shall not hunger,’ declares Our Lord (Jn 6:35). Almost the whole of John 6 is given over to Our Lord’s discourse about bread, including the Feeding of the Five Thousand. In this miracle, Our Lord reveals the superabundance of God’s generosity and shows the nature of God’s unlimited goodness and the extant of the provision He makes for His people. The Son of God has come to earth not just to set a series of good examples for His followers, but to give Himself to them in sacramental form so that their very souls may be nourished with the Food of Life. If our bodies need daily sustenance, how much more our souls?

‘I am the living bread which came down from heav-en,’ Our Lord continues (Jn 6:51). He reminds His listeners of the manna given to their forefathers in the desert during the long Exodus journey. That bread sustained them on their way to the promised land, but Our Lord is giving something different here. Their forefathers are dead because the manna, although given by God in their hour of need, was nonetheless given as strength for their bodies. What is given in the Sacramental Bread of the Holy Eucharist is supernatural sustenance. We are given a food which will infuse into the soul of those who consume it the very presence of the living God in the form of sanctifying grace: ‘Blessed is he that shall eat bread in the kingdom of God’ (Lk 14:15).

The manna in the desert may now be seen from a wider perspective, not just as a miraculous provision from a loving God in times of physical need but as a *type* – a model or pattern – of what was yet to come, namely the Blessed Sacrament. Truly, what is laid before us at Mass, and in the tabernacles on our altars around the world, is the *Panis Angelorum*, ‘the bread of angels’ (Ps 77:25).