

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

May is dedicated
to the Blessed Virgin Mary

Sunday 17th May 2026

7th Sunday of Easter

09:30 — Maria de Lourdes Nogueira RIP

11:00 — Pro Populo

Monday 18th May

Feria of Ascensiontide

10am — Pat Nothard

Tuesday 19th May

St Peter Celestine

8am (TLM) — Special int.

Wednesday 20th May

St Bernadine of Siena

6pm — Sinéad & Brendan Diver

Thursday 21st May

Feria of Ascensiontide

12:15pm — Jonathan Doran RIP

Friday 22nd May

St Rita of Cascia

10am — Mark Poole RIP

Saturday 23rd May

Feria of Ascensiontide

10am — Holy Souls

Vigil of Pentecost

6pm — Holy Souls

Sunday 24th May

Pentecost

8am (TLM) — Pro Populo

09:30 — Maria de Lourdes Nogueira RIP

11:00 — Fr Daniel Seward

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 14th June)

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*Venite ad me
et ego dabo vobis omnia bona*

*‘Come to me,
and I will give you all good things’*

With these words, Pharaoh rewarded Joseph for his service to the ruler and people of Egypt, commanding Joseph to bring his father and his brethren into the land of plenty during the time of famine so that, trusting in Pharaoh, they might want for nothing (Gen 45:18).

Following his martyrdom in the year AD 304, St Pancras was known for the many miracles that he worked in response to the needs of the people of the early Christian community, and especially during times of persecution. For this reason, images of St Pancras usually show him bearing an open book with these same words written on the pages for all to see. ‘Come to me,’ our patron is saying, ‘and I will point you to heaven so that through your faith and devotion, through your humility and generosity of heart, through your penitence for sins and through your acts of sacrifice, your supplications will be heard, and I will give you all the good things of God, showering you with the spiritual blessings of heaven in Christ (Eph 1:3).’

On Tuesday, 12th May, his feast day, we welcomed our new statue, commissioned from Ferdinand Stuflesser in Italy (the same people who made our statue of Our Lady of Ipswich) and made possible by the generous legacy of the late Judy Fell. May she rest in peace.

O glorious St Pancras, pray for us.

DOORS OF GRACE YOUTH GATHERING

For ages 18+

Saturday 23rd May

St Mary’s, Woodbridge Rd, 1pm—5pm.

Adoration, Mass, Confessions, a talk, and games.

Supported by Anointing Fire Catholic Ministries (AFCM)

See the poster at the back of church for details or go to: afcmuk.org/youth

OUR LADY OF IPSWICH WALKING PILGRIMAGE

Saturday, 30th May

Our second such walk, starting at different points around the town and converging on St Pancras for the Angelus at 12 noon and Mass at 12:15pm. See the poster at the back of church for details.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

DIOCESAN JUBILEE 1976—2026

IPSWICH DEANERY EUCHARISTIC CONGRESS
6th—13th September 2026

A week-long series of events including Adoration of the Blessed Sacrament, a Eucharistic procession through the town, keynote speakers, and Mass with the Bishop of East Anglia at 11am on Sunday 13th September at the Corn Exchange.

Put the dates in your diary now!

CAN YOU PLAY THE ORGAN OR A KEYBOARD? If you can help with the hymns at the 9:30 Mass on Sunday mornings, either occasionally or regularly, please speak to Fr Joseph. Thank you.

GARDENER Can you spare a few hours to keep our flower borders and green patches tidy? If so, please contact Fr Joseph. Thank you.

CHILDREN'S PILGRIMAGE TO WALSINGHAM on Tuesday, 26th May: 10:45 Walk from the village to the Slipper Chapel followed by 12:00 Mass at the Chapel of Reconciliation.

DIOCESAN RETREAT DAY FOR WOMEN (*The retreat on 23rd May is booked up so there is now an additional date*) Saturday, 6th June. 10:30am—4:40pm in Dereham, Norfolk. rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/

THE BOOK CLUB will meet next on Monday, 8th June to discuss *The World's First Love* by Fulton Sheen.

MARRIAGE CELEBRATION MASS Saturday, 13th June 11:30am at the Cathedral in Norwich. Go to: rcdea.org.uk/marriage-mass-registration/

Sick List Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Katherine Humphries, Jacqueline Lothian, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: George Streater, Eleanor Wells, Petro Hopej, Jean Zwozdiak, Edward Tynan, Anthony O'Dowd, Edward Tyrrell, Elizabeth Soggins, Elsie Patrick, Rosemary Shorter, Mary de Bono, Biase Scrocca, Charlotte Bellingham, Kathleen Shapland, Matilda Duffield, Kathleen Sleightholme, Joseph Vogel, May Augustin, Ellen (Lena) Thrower, William Mitchell, Marguerite Wright, Olivia O'Farell, Violette Mason, Robert Bradley, Flora Mann, George Morgan, Charles Read, Julian Petryszyn, George Eyton-Jones, John Kelly, Fr Kuczer Kateryna, William Shipp, Winefred Taylor, Zena Marcantonio, Doreen Belcher, and Peter McKenzie. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The sixth strophe of the Lauda Sion

ON THIS FESTIVAL DIVINE

On this Festival divine,
Which records the origin
Of the glorious Eucharist.

Each and every one of the feasts of the Church's year is established for two reasons. First, to give glory to Almighty God, and second for our edification, our sanctification, and our salvation. We have seen how, on the feast of Corpus Christi, the Church sings of the glory of the Blessed Sacrament with praises 'loud and high.' We know, also, that the Blessed Sacrament is a gift from God by which He feeds and nourishes souls that are already possessed of sanctifying grace. We know He strengthens them along their journey through this life. We know He draws them into an ever closer union with their loving Saviour who – through the Sacrament of Holy Communion – now dwells within their hearts. Knowing all of this, we can see how the feast day itself is a gift from God given by Him through the Church that He founded.

The feast of Corpus Christi, and any liturgical celebrations directly associated with it such as Eucharistic Congresses, has been instituted under the auspices of the Church to give glory to God through our triumphal acknowledgement of such a great gift. Glory is given to God through all the hymns of praise that are sung in honour of Christ who is truly present in the Most Holy Eucharist in all the tabernacles, and ciboria, and monstrances* around the world.

But the feast, and its associated celebrations, was also founded for our sake, so that we might come to know our Eucharistic Lord more fully through prayer and preaching. It was founded so that our souls might be sanctified through our prayerful devotion to His presence in the Blessed Sacrament. It was founded so that we might be conformed to a greater likeness to Him in His Eucharistic humility, and generosity, and purity, and in His Eucharistic love. 'Having loved His own who were in the world, He loved them to the end' (Jn 13:1).

Corpus Christi both records, and reminds us of, the origins of Our Lord's presence in the Most Holy Sacrament of the Altar. It was on the night before He died that He instituted this great gift for those whom He loved, and whom He knew would need His sacramental presence once His personal presence was withdrawn from their sight after He ascended back into heaven. Not just the Blessed Sacrament but the feast day itself, then, is divine in its origins, divine in what it commemorates and celebrates, divine in the sacramental presence that it embodies, and divine in the very mystery that it reveals to those who believe.

Of the glory of Our Lord's presence in the Holy Eucharist the saints never tire of singing. With St Pio of Pietrelcina we might all acclaim, 'A thousand years of enjoying human glory is not worth even an hour spent sweetly communing with Jesus in the Blessed Sacrament,' and like St John Vianney, we might all 'throw [ourselves] at the foot of the tabernacle as a dog throws himself at the feet of his master.'

(*A ciborium holds the Sacred Hosts in the tabernacle and a monstrance is used to show the Blessed Sacrament during Benediction.)