

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

May is dedicated
to the Blessed Virgin Mary



Sunday 3rd May 2026

5th Sunday of Easter

09:30 — Souls in Purgatory 1/2

11:00 — Pro Populo

Monday 4th May

The Holy Martyrs of England & Wales

10am — Deacon Bill Dimelow RIP

Tuesday 5th May

St Pius V

8am (TLM) — Special int.

Wednesday 6th May

Easter feria

6pm — Souls in Purgatory 2/2

Thursday 7th May

Easter feria

12:15pm — Holy Souls

Friday 8th May

On the Anniversary of Election

10am — for our Holy Father, Pope Leo

Saturday 9th May

Our Lady on Saturday

10am — Kenneth Welch RIP

Vigil of the 6th Sunday of Easter

6pm — Holy Souls

Sunday 10th May

Dom. V post Pascha

8am (TLM) — Maria de Lourdes

Nogueira RIP

6th Sunday of Easter

09:30 — Agnes Ogundiran's int.

11:00 — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 10th May.)

Forthcoming feasts:

ST PANCRAS

Tuesday, 12th May

THE ASCENSION OF OUR LORD JESUS CHRIST

Holy day of obligation

Thursday, 14th May

OUR LADY OF IPSWICH

Friday, 15th May

DIOCESAN PILGRIMAGE TO WALSINGHAM



Monday, 4th May — *feast of the English Martyrs*

10.30 Arrival of Pilgrims at the Slipper Chapel

10.30 – 11.30 Confessions

11.30 Welcome and Reception of Banners

12.00 Pilgrim Mass

14.15 Procession

15.45 Prayers and Benediction in Abbey Grounds

16.30 Departure from village coach car park

CHILDREN'S PILGRIMAGE TO WALSINGHAM

Tuesday, 28th May

10:45 Walk from the village to the Slipper Chapel

12:00 Mass at the Chapel of Reconciliation

DIOCESAN RETREAT DAY FOR WOMEN

Saturday, 23rd May

10:30am—4:40pm in Dereham, Norfolk.

rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/

OUR LADY OF IPSWICH WALKING PILGRIMAGE

Saturday, 30th May

Our second such walk, starting at different points around the town and converging on St Pancras for the Angelus at 12 noon and Mass at 12:15pm. More details to follow.

MARRIAGE CELEBRATION MASS

Saturday, 13th June

11:30am at the Cathedral in Norwich

rcdea.org.uk/marriage-mass-registration/



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

DIOCESAN JUBILEE 1976—2026

IPSWICH DEANERY EUCHARISTIC CONGRESS
6th—13th September 2026

A week-long series of events including Adoration of the Blessed Sacrament, a Eucharistic procession through the town, keynote speakers, and Mass with the Bishop of East Anglia at 11am on Sunday 13th September at the Corn Exchange.

Put the dates in your diary now!

CAN YOU PLAY THE ORGAN OR A KEYBOARD? If you can help with the hymns at the 9:30 Mass on Sunday mornings, either occasionally or regularly, please speak to Fr Joseph. Thank you.

GARDENER Can you spare a few hours to keep our flower borders and green patches tidy? If so, please contact Fr Joseph. Thank you.

ST CARLO ACUTIS GROUP (for 14-18 year olds) will meet this week on Thursday at 7pm for prayer and discussions about the Catholic Faith. New members welcome.

IN THE IMAGE OF GOD A Christian Institute meeting looking at topics such as assisted suicide and gender ideology. Tuesday, 12th May 7:30pm at the Kesgrave Baptist Church, Cambridge Rd.

DOORS OF GRACE YOUTH GATHERING (18+) at St Mary's, Woodbridge Rd, Saturday 23rd May, 1pm—5pm. Adoration, Mass, Confessions, a talk, and games. Supported by Anointing Fire Catholic Ministries (AFCM). More details to follow.

THE BOOK CLUB will meet next on Monday, 8th June to discuss *The World's First Love* by Fulton Sheen.

Sick List Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Katherine Humphries, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Ellen Bird, Cecilia Adcock, Raymond Savage, Bernadette Cooper, Norah Smith, Elizabeth Mallett, Antonio Tella, Sheila Grueber, Helen Stoneman, Florence Ashmore, William Dighton, Ismal Esteller, Stephen Samora, Michael Shapland, Frances Cooke, Martin King, Irene McDonald, Very Rev Provost Augustine Peacock, Mgr Squirrell, Florence Garate, Mary Thompson, Trevor Belcher, Frank Hughes, Edward Hawkins, Wolodymyr Dziubanowskyj, Ian Hacon, Percy Wilson, Michael Hanrahan, and Lilla Neill. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: Strophe four of the Lauda Sion

THE SAME WHICH AT THE SACRED BOARD

The same which at the sacred board
Was, by our Incarnate Lord,
Giv'n to his Apostles round.

The very same Holy Eucharist with which our souls are fed today at Mass is the very same Blessed Sacrament that was given by Our Lord to His Apostles during the Last Supper in the Upper Room. As it says in the Roman Canon at Mass: 'On the day before He was to suffer, He took bread in His holy and venerable hands, and with eyes raised to heaven to you, O God, His almighty Father, giving you thanks, He said the blessing, broke the bread and gave it to His disciples.'

In the Creed we acknowledge and profess that there are *four marks* of the Church: that She is one, holy, catholic, and apostolic. Here, St Thomas Aquinas teaches us that what we are given in Holy Communion at Mass is exactly the same as what the Apostles were given on that first Maundy Thursday. On that evening, the Holy Mass, the Blessed Sacrament, and the Sacred Priesthood were all instituted by Our Lord. As we shall see in more detail later, Our Lord charged His Apostles to hand this sacramental gift on to their brethren in their own day, and to pass it on to future generations so that others, in years to come, might also receive what Our Lord had given to them. As St Paul proclaims: 'For I have received of the Lord that which also I delivered unto you, that the Lord Jesus, the same night in which He was betrayed, took bread, and giving thanks, broke, and said: Take ye, and eat: this is my body, which shall be delivered for you... In like manner also the chalice...' (1 Cor 11:23-25).

The unbroken succession of the Church's apostolicity – that is, the fact that what the Church teaches and does can be traced all the way back to the time of the Apostles and, through them, to Christ Himself – is our guarantee that what we do at Mass, and the Bread of Life whom we receive in Holy Communion, are authentic. The Apostles were given the spiritual power to bestow sanctifying grace upon others through the Sacraments. That supernatural power and authority has been passed, down the years, to generations of bishops and priests through 'the laying on of hands.' In the Sacrament of Holy Order men are raised to the Sacred Priesthood, and a chosen few are consecrated as bishops (2 Tim 1:6 and elsewhere).

In each Mass, offered daily upon the altars of all Catholic churches around the world, and each year on Maundy Thursday especially, as well as on the feast of Corpus Christi, God pours out upon His Church once more the particular graces that were first given at 'the sacred board' in the Upper Room two thousand years ago. In this way, 'our Incarnate Lord' is made truly present for us, being heirs as we are to the promises which Christ made to His Apostles on that night so long ago (Rom 8:17).