

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk

Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

September is dedicated to
Our Lady of Sorrows



Sunday 20th September 2026

25th Sunday of the Year

09:30 — Lucas: in thanksgiving

11:00 — Jan Patrick RIP

Monday 21st September

St Matthew

10am — Sebastian Abbott

Tuesday 22nd September

St Thomas of Villanova

8am (TLM) — Halina Gajewska's int.

Wednesday 23rd September

St Pius of Pietrelcina

6pm — Fr Dick Healy RIP

**EMBER
DAY**

Thursday 24th September

Our Lady of Walsingham

12:15pm — Adrian Patterson

Friday 25th September

Feria

10am — Hannah & Wojtek

**EMBER
DAY**

Saturday 26th September

Ss Cosmas & Damian

10am — Holy Souls

**EMBER
DAY**

Vigil of 26th Sunday of the Year

6pm — Holy Souls

Sunday 27th September 2026

26th Sunday of the Year

09:30 — Kathleen, Maria, & Lionel

Clutterham RIP

11:00 — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm—5:45pm &
1st Thursday: 11:15am

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat. after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 11th October.)

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Second Collection this Weekend

for Home Mission Sunday

Supporting the work of the Bishops of England & Wales
in the work of evangelization here in the UK.

EMBER DAYS

From a corruption of the words *Quatuor Tempora* (four times or four seasons), Ember Days are traditional days of fasting and abstinence in supplication for God's blessings, and in thanksgiving for blessings received. Although no longer popularly observed, the Roman Missal still makes provision for their observance, and some people like to incorporate them into their private devotions. Ember Days fall on Wednesday, Friday, and Saturday this week.

ADULT CATECHISM CLASSES

Who are they for?

- Adults who would like to be Confirmed (but you must already be coming to St Pancras regularly for Sunday Mass);
- Adult converts who would like to become Catholics;
- St Pancras parishioners who would like a refresher course in the basics of the Catholic Faith.

Wednesdays at 7pm, beginning on October 14th
(and then continuing after the school half-term break)

No need to register in advance — just turn up!

A Week of Feasts including...

St Matthew, Apostle and Evangelist.

St Pius of Pietrelcina.

Our Lady of Walsingham, the principal patroness of our diocese.

Ss Cosmas & Damian: twin brothers and doctors, and the only lay men mentioned in the first list of martyrs in the Roman Canon.



As part of the follow-up from our recent

EUCCHARISTIC CONGRESS

there will be Adoration in our church
every first Thursday of the month from 11:15am till 12:15pm
starting in October.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

THE ST CARLO ACUTIS GROUP (for 14 –18 year olds) will meet again at 7pm on Thursday, 1st October. New members welcome.

THURSDAY LUNCHES will begin again on Thursday, 8th October after the midday Mass and rosary.

THE CATHOLIC MOTHERS' GROUP will meet again for the first time since the summer on Monday 12th October, at 11am. New members welcome.

RETRouvaille CATHOLIC MARRIAGE COUNSELLING
Residential weekend from 8th — 10th November.

Call or text 0788 7296983
or email: retrouvailleukinfo@gmail.com
or visit www.retrouvaille.org.uk

THE BOOK CLUB will meet again on Monday, 14th December at 7pm in the parish hall to discuss *Seven Bells to Bethlehem: The 'O' Antiphons* by Oliver Treanor. New members welcome.

50 YEARS OF MEMORIES !

1976 — 2026

To commemorate the diocesan jubilee, there will be an exhibition of memories from our parish archives drawn from fifty years of photographs, newspaper articles, parish records, newsletters, and more besides. A trip down memory lane. Coming soon to a parish hall near you. Watch this space.

Sick List

Prayers are asked for Peggy Ayers, Jim Convey, Vincent Convey, Larry Crowley, Alan Cutbush, Ciro Dellabella, Pat Dunnett, Evelyn Flach, Halina Gajewska, Katherine Humphries, Olivia Katina, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Fr Dick Healy RIP

Fr Healy's requiem Mass will be on
Wednesday, 30th September at 10:30am
at St Edmund's Church, Bury St Edmunds.

Of your charity

Please pray for the repose of those who have died recently, and for all whose anniversaries occur at this time: Martin Connolly, Eunice Bartlett, Angel Mahalia, Sheila Jokic, Pauline Roberts, Jan Patrick, Raymond Johnson, Richard Dunn, Michael Lynch, Frederick Clifford, John Corbett, Michael Cattigan, Adrian Patterson, Elizabeth Heley, Ronald Southgate, Frank Woodward, Nora Mulryan, Maria Leeder, Hubert Boothe, Mary Burns, Meve Windham, Maurice Keating, Luigi Mariani, George McGahey, Gladys Adams, James McGovern, Phyllis Ticehurst, and Filippo Tucciarone. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes:

Over the last few months, as we have prepared for our Eucharistic Congress, we have considered the nature and the beauty of Our Lord's presence in the Most Holy Sacrament of the Altar.

Week by week we have drawn our reflections from St Thomas Aquinas' long Sequence for the Mass of Corpus Christi, the *Lauda Sion*, commissioned by Pope Urban IV in the thirteenth century, and basing our thoughts on Edward Caswall's nineteenth century translation into English.



Now all twenty-four reflections have been brought together in a single volume.

Copies are available at the back of church price £8:95, or may be ordered directly from Verbum Publications or from The Great British Bookshop.

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Our Lady of Grace EUCCHARISTIC LEAGUE

As part of our follow-up from the Eucharistic Congress we are launching a Eucharistic League for the Adoration of Our Lord in the Blessed Sacrament. Modern-day Eucharistic Leagues have their foundation in the work of St Peter Julian Eymard (1811-1868), the founder of the Blessed Sacrament Fathers and of the Priests' Eucharistic League and the People's Eucharistic League in the nineteenth century.

Eucharistic Leagues such as these are enjoying a revival in various parts of the world as people recognize the value and beauty of being able to spend time in peace before Our Eucharistic Lord. The purpose of the League is to foster a deeper belief in, and devotion to, Our Lord's presence in the Most Holy Eucharist.

Inspired by our beautiful and devotional Eucharistic Congress recently, we are launching the

Our Lady of Grace EUCCHARISTIC LEAGUE

Members will enrol and commit to watching before
Our Lord for just one hour each month.

Please see the leaflets at the back of church
for more details.