

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk

Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

October is dedicated to
Our Lady of the Rosary



Sunday 4th October 2026

27th Sunday of the Year
09:30 — Lisa de Pasquale
11:00 — Pro Populo

Monday 5th October

Feria
10am — Souls in Purgatory 1/2

Tuesday 6th October

St Bruno
8am (TLM) — Maria de Lourdes
Nogueira RIP

Wednesday 7th October

Our Lady of the Rosary
6pm — Babu Mathai RIP

Thursday 8th October

Feria
12:15pm — Holy Souls

Friday 9th October

St John Henry Newman
10am — John Normoyle RIP

Saturday 10th October

Our Lady on Saturday
10am — Holy Souls
Vigil of 28th Sunday of the Year
6pm — Glenda Elliott-Sugars RIP

Sunday 11th October 2026

Dom. XXth post Pentecosten
8am (TLM) — Pro Populo
28th Sunday of the Year
09:30 — Fowley, Johnston &
Durning families
11:00 — Eithne Willis

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& **Sat:** 5pm — 5:45pm
1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm—5:45pm &
1st Thursday: 11:15am

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat. after 10am Mass

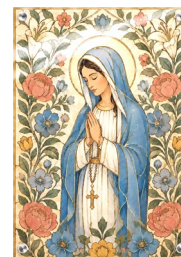
TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 11th October.)

OCTOBER DEVOTIONS

Each Sunday afternoon during October

4:30pm

Hymns, devotions, the rosary, a mediation on
the Litany of Loreto, and concluding with
Benediction of the Blessed Sacrament.



ADULT CATECHISM CLASSES

Who are they for?

- Adults who would like to be Confirmed (but you must already be coming to St Pancras regularly for Sunday Mass);
- Adult converts who would like to become Catholics;
- St Pancras parishioners who would like a refresher course in the basics of the Catholic Faith.

Wednesdays at 7pm, beginning on October 14th
(and then continuing after the school half-term break)

No need to register in advance — just turn up!

With Fish & Chips supper!

Friday, 23rd October at 6pm

Come and join in the fun and pit
your general knowledge against
all comers. £12:50 per person
(pay on the day) but please sign
the list at the back of the church
today so that we know numbers.



Tea/coffee & soft drinks available.
Bring your own wine/beer.

Our Lady of Grace EUCCHARISTIC LEAGUE

Many people have already signed up to enrol in our Eucharistic League. Members commit to watching before Our Lord (in the tabernacle or exposed upon the altar) for at least one hour each month.

If you would like to become a member of the League, please complete one of the leaflets from the back of church and return it to Fr Joseph. Your name will then be enrolled in the membership register.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

THURSDAY LUNCHES will begin again on Thursday, 8th October after the midday Mass and rosary.

THE CATHOLIC MOTHERS' GROUP will meet again for the first time since the summer on Monday 12th October, at 11am. New members welcome.

RECOLLECTION for Women (2pm-4pm) and Men (7pm-9pm) led by Fr Paul Diaper on Monday, 26th October. All welcome.

RETRouvaille CATHOLIC MARRIAGE COUNSELLING
Residential weekend from 8th — 10th November.

Call or text 0788 7296983
or email: retrouvailleukinfo@gmail.com
or visit www.retrouvaille.org.uk

THE BOOK CLUB will meet again on Monday, 14th December at 7pm in the parish hall to discuss *Seven Bells to Bethlehem: The 'O' Antiphons* by Oliver Treanor. New members welcome. (Fr Joseph has a spare copy of the book if anyone would like it.)



'THIS FESTIVAL DIVINE'

Copies of Fr Joseph's book of reflections on the Blessed Sacrament, based on St Thomas Aquinas' Corpus Christi Sequence, the *Lauda Sion*, are available at the back of church priced £8.95.

50 YEARS OF MEMORIES !

1976 — 2026

To commemorate the diocesan jubilee, there will be an exhibition of memories from our parish archives drawn from fifty years of photographs, newspaper articles, parish records, newsletters, and more besides. A trip down memory lane. Coming soon to a parish hall near you. Watch this space.

Sick List Prayers are asked for Jim Convey, Vincent Convey, Larry Crowley, Alan Cutbush, Ciro Delabellla, Pat Dunnett, Evelyn Flach, Halina Gajewska, Katherine Humphries, Olivia Katina, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of Peggy Ayers and Kenneth Joy, both of whom died recently, and for all whose anniversaries occur at this time: Beryl Marshall, Dorothy Tynan, Ethel Hughes, Dennis Smith, William Barnes, Edward Ayers, Henry Flory, Anthony Fell, Rudolf Belšak, Jill Arbon, Charles Owen, Thomas Regan, Patricia Caldwell, Josef Popyk, Eva O'Connor, Irene Wells, Elizabeth Clow, John Pizzey, Evelyn D'Cruz, Arthur Upson, Claudine Wilding, Josephine Wallace, Ethel Fox, Francis McLoughlin, Joyce Diggle, Kathleen Kerr, Patrick Lewis, Paula Long, Lucinda Kerri-son, Barbara Mucha, Kathleen Crooks, Danny Sweeney. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes:

Today we start a brand new series of eight reflections—on the Four Last Things, Death, Judgment, Hell, and Heaven—that will run throughout October and November (the month of the Holy Souls).

The Four Last Things – Death pt I

'In all thy works remember thy last end, and thou shalt never sin.' So says the Book of Ecclesiasticus (Ecclus 7:40). In the past, it was part of the daily life and devotion of faithful Catholics to bear in mind continually the Four Last Things: Death, Judgment, Hell, and Heaven. These four words would trip off the tongue of every Catholic schoolchild. It was question number 332 in the old Penny Catechism: 'Which are the four last things to be always remembered? The four last things to be always remembered are: Death, Judgment, Hell, and Heaven.' Much of the Catechism had to be learned off by heart before you could make your First Holy Communion, and all of it before your Confirmation!

But why should we be so focused on these things? What's so important about them? The two opening questions of the same Catechism give us the answer. Qn 1 'Who made you? God made me.' Qn 2: 'Why did God make you? God made me to know Him, love Him, and serve Him in this life, and to be happy with Him forever in the next.' Indeed, these two questions help us to answer every single question in life that has any real importance. If we bear these two answers in mind, then everything else falls into place.

God made us for Himself. If we made another creature for ourselves then we would be accused of hubris, an exaggerated pride and self-confidence. But with God things are different. God created us out of love so that we could share in all the goodness and blessings of which He was already possessed. He wanted to share these things with others. It was an act of generosity and love to create us. But if we were to share in all that He wanted to offer us then we would need to collaborate with Him in His way of doing things, just as He had, at the same time, conceded certain benefits to us in the meantime. For example, by giving us free will, God constrained Himself to work with our decisions: He does not coerce us into the decisions we take. He works with what we give Him. On the Cross, He gave us His all. In return, He asks that we give ourselves to Him. If we do, then His original plan for us can be fulfilled.

But we sinned. Each sin is a failure to collaborate with God's plan. As a result, we shall be held to account for our sins – for our failures to collaborate – at the moment of death when the soul and body are separated from each other, death being the cut-off point after which we can no longer influence our final destiny. In other words, having sinned in this life, we must spend time making reparation (repairing the damage) for our sins and renewing our friendship with God so that, when we come to die, we are already united to Him in a bond of love that will see us taken up into our heavenly abode. That, after all, was the reason He made us in the first place.

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