

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk

Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

October is dedicated to
Our Lady of the Rosary



Sunday 11th October 2026

Dom. XXth post Pentecosten

8am (TLM) — Pro Populo

28th Sunday of the Year

09:30 — Fowley, Johnston &
Durning families

11:00 — Eithne Willis

Monday 12th October

Dedication of St Pancras

10am — Pro Populo

Funeral requiem

1pm — Kenneth Joy RIP

Tuesday 13th October

St Edward

8am (TLM) — Ella Abbott

Wednesday 14th October

St Callistus

6pm — Ian Tearle & family

Thursday 15th October

St Teresa of Jesus (of Ávila)

12:15pm — Gill Fahey RIP

Friday 16th October

Funeral requiem

10am — Peggy Ayers RIP

Saturday 17th October

St Ignatius of Antioch

10am — Holy Souls

Vigil of 29th Sunday of the Year

6pm — Holy Souls

Sunday 18th October 2026

29th Sunday of the Year

09:30 — Pro Populo

11:00 — Private int.

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm—5:45pm &
1st Thursday: 11:15am

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat. after 10am Mass

TLM Masses: 2nd Sunday of the month.

OCTOBER DEVOTIONS

Continue each Sunday afternoon during October

4:30pm



ADULT CATECHISM CLASSES

Who are they for?

- Adults who would like to be Confirmed (but you must already be coming to St Pancras regularly for Sunday Mass);
- Adult converts who would like to become Catholics;
- St Pancras parishioners who would like a refresher course in the basics of the Catholic Faith.

Wednesdays at 7pm, beginning on October 14th
(and then continuing after the school half-term break)

No need to register in advance — just turn up!

With Fish & Chips supper!

Friday, 23rd October at 6:30pm

Come and join in the fun and pit your general knowledge against all comers. £12:50 per person (pay on the day) but please sign the list at the back of the church **today** so that we know numbers.

Tea/coffee & soft drinks available — Bring your own wine/beer.

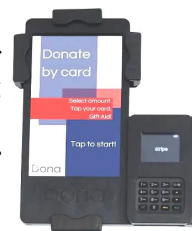


GIFT AID & OUR NEW DONA MACHINES

We have now installed two updated versions of our cashless Dona machines at the back of church following some problems with the old machines.

If you are a UK taxpayer, please could you **re-enter** your details when you next make a donation?

Thank you for your understanding and patience.



PLEASE NOTE that Fr Joseph will be away from Monday 19th to Wednesday 21st October attending a diocesan priests' conference. Please see next Sunday's newsletter for changes to Mass times.

Our Lady of Grace

EUCCHARISTIC LEAGUE

Watching before Our Lord for at least one hour each month.

If you would like to become a member of the League, please complete one of the leaflets from the back of church and return it to Fr Joseph.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

THE CATHOLIC MOTHERS' GROUP will meet again for the first time since the summer on Monday 12th October, at 11am. New members welcome.

BLESSING OF SOUL CAKES for All Souls Day at the 10am Mass on Saturday, 31st October.

BLESSING OF GRAVES Sunday, 1st November at 2:30pm at the Lawn Cemetery, Ipswich.

RETRouvaille CATHOLIC MARRIAGE COUNSELLING
Residential weekend from 8th — 10th November.

Call or text 0788 7296983
or email: retrouvailleukinfo@gmail.com
or visit www.retrouvaille.org.uk

THE BOOK CLUB will meet again on Monday, 14th December at 7pm in the parish hall to discuss *Seven Bells to Bethlehem: The 'O' Antiphons* by Oliver Treanor. New members welcome. (Fr Joseph has a spare copy of the book if anyone would like it.)



'THIS FESTIVAL DIVINE'

Copies of Fr Joseph's book of reflections on the Blessed Sacrament, based on St Thomas Aquinas' Corpus Christi Sequence, the *Lauda Sion*, are available at the back of church priced £8.95.

50 YEARS OF MEMORIES !
1976 — 2026

To commemorate the diocesan jubilee, there will be an exhibition of memories from our parish archives drawn from fifty years of photographs, newspaper articles, parish records, newsletters, and more besides. A trip down memory lane. Coming soon to a parish hall near you. Watch this space.

Sick List Prayers are asked for Jim Convey, Vincent Convey, Larry Crowley, Alan Cutbush, Ciro Delabella, Pat Dunnett, Evelyn Flach, Halina Gajewska, Katherine Humphries, Olivia Katina, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of Peggy Ayers and Kenneth Joy, both of whom died recently, and for all whose anniversaries occur at this time: John Monaghan, Elsie Bentley, James Egan, Carolus Mullen, Agnes Cook, Zbigniew Wajszwilli, Ena Adams, Ronald Finbow, Medlin Spencer, Philip McSweeney, Catherine Green, Arthur Walker, Rosa Richards, Patrick Traynor, Josephine Piggott, Eva Gray, Margaret Nicholls, Fr Edgar Hardwick, William Morris, Daniel Coughlan, Frederick Duffield, John Ennis, Jane Craven, Florence Manthorpe, Ruby Thompson, Mary Murray, Doreen Jones, Patrick Nathan, and John Nealy. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes:

We continue our eight-part series of reflections on the Four Last Things, Death, Judgment, Hell, and Heaven, that will run throughout October and November (the month of the Holy Souls). We are invited to ponder on what has always been a central consideration in the minds of all Catholics, namely our last end.

The Four Last Things – Death pt II

At a conference of school headteachers, each speaker proudly explained how his school prepared its pupils for life. The headteacher of a Catholic school stood up and declared, 'Our school prepares our pupils for death.' He was not being morbid. Rather, he was looking at the long view, and taking into account the real reason that we are on this earth in the first place, namely to prepare ourselves to take up the place that God has prepared for us in heaven.

Through the grace of the Sacraments and by living a life of virtue – loving God and neighbour – we are to spend our time in this world knowing, loving, and serving God so that we might end up being happy with Him forever in the next world. When we are young, we tend to give very little thought to death: it seems a long way off. As we get older we begin to appreciate the reality of the inevitable. This is one of God's great mercies, namely that He affords each of us enough time both to repent of our sins and do the right amount of penance for them and, at the same time, to grow in holiness in the service of God and our neighbour. Whether we choose to use our time wisely in this fashion is up to us.

One of the chief prayers of Catholics used to be for what we call 'a happy death.' By this we mean two things. First, that we will have the great blessing of being visited by a priest on our deathbed to administer Extreme Unction, the Viaticum (the name we give to Holy Communion at this point in our lives), and the Apostolic Pardon which frees us from any remaining punishment still due to us for our sins (in other words, the chance to bypass Purgatory if our soul is properly disposed). Second, we mean that by the time we reach the moment of death we are already in a state of grace and are disposed humbly before God, having lived a good life. In other words, the best preparation for a happy death is to have lived a good life, or at the very least to have repented of sins and turned again to God before it is too late.

To this end, all Catholics should ensure that their relatives and friends know to call a priest to their side when they are dying (after death is too late to administer the Sacraments), and they should know an Act of Contrition off by heart so that in danger of death it springs automatically from the lips (and from the heart) so that, at the last, we can be in friendship with God even if we have not had a chance to go to Confession recently. However, as we cannot guarantee that we will have time to make such an Act of Contrition, we should make it a habit to get to Confession frequently so that we are not taken unawares. The critical thing is to die in what we call 'a state of grace.'

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